

Excel Christian Academy and Preschool

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SUN	MON	TUE	WED	THU	FRI	SAT
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2	Chicken Alfredo Garlic Bread Broccoli / Side Salad Pineapple	4 Crunchy Beef Tacos Lettuce, Tomato, Cheese, Fiesta corn Tropical Fruit	5 Hotdog or Curry Chicken, Potatoes, Green Beans, Sliced Apples	Chicken Nuggets Mac & Cheese Sliced Carrots Applesauce	7 Homemade Pizza Mixed Veggies/Side Salad Frozen Fruit Cup	8
9	10 Hamburger, Sweet Potato Fries, Lettuce, Tomato, Baked Beans, Frozen Fruit Cup	11 Soft Chicken Tacos Mexican Rice, Fiesta Corn Mixed Fruit	12 Cuban Sandwich Black Beans & Rice Pear Halves	Baked Ziti & Meatballs, Garlic Bread, Broccoli Blend, Pineapple	14 Corn Dogs & Tater Tots, Green Beans, Apple Slices	15
16	17 Academy Closed President's Day	Tex Mex Rice Bowl with Beef, Corn, Black Beans Mixed Fruit	19 Chicken Sandwich, Chips, Lettuce, Tomato, Pickle &Cheese Sliced Apples	20 Meatball Subs Green Beans/Side Salad Fruit Cocktail	21 Homemade Pizza Mixed Veggies Frozen Fruit Cup	22
23	24 Academy Closed Staff Development	25 Beefy Nachos with Cheese, Lettuce, Tomato, Black Beans Mixed Fruit	26 Chicken Pot Pie Biscuit Top, Veggies Pears	27 BBQ Chicken Sandwich Baked Beans Peaches	28 Homemade Pizza Broccoli/ Side Salad Tropical Fruit	

LUNCH MENU

Breakfast: Breakfast will consist of a prepackaged food Item, fruit and milk

All lunches are served with vegetables, fruit and Milk.

Menu is subject to change based on availability